

An Easy Wealth Exercise: Ten Steps To Wealth

By Silvia Hartmann

Welcome to this simple, fun and easy exercise to improve your wealth consciousness, focus your mind and get behind yourself so that you can achieve wealth for real, and easily.

The following exercise is just one of 365 different daily “wealth gym” mini-workouts that you can do right there and then, in front of your computer, without even having to get up, and which doesn’t take any more than 60 seconds to complete, from our “60 Second Wealth Creator Series”.

This is a basic visualisation exercise which is very neat to do for real when you come down a flight of steps.

For now, imagine you’re standing at the top of a flight of steps and for each step, we’ll make a wealth affirmation.

10. I am ready for wealth!

Take a deep breath and step down to the next step.

9. Wealth is my birthright.

Take a deep breath and step down to the next step.

8. I achieve wealth easily.

Take a deep breath and step down to the next step.

7. Wealth comes to me readily.

Take a deep breath and step down to the next step.

6. I invite wealth to come into all I do.

Take a deep breath and step down to the next step.

5. Wealth is my partner and my friend.

Take a deep breath and step down to the next step.

4. Wealth is joyous and delightful.

Take a deep breath and step down to the next step.

3. Wealth enters into all and every aspect of my life.

Take a deep breath and step down to the next step.

2. I am on my way to wealth ...

Now take a deep breath and JUMP off the last step and onto the next level:

1. I AM WEALTHY!

Clap your hands and give yourself a round of applause!

If you enjoyed this exercise, by all means come along and sign up for the full course – it is entirely FREE and not only that, we have some fascinating bonuses too.

Think wealthy, FEEL wealthy and BECOME WEALTHY!

Silvia Hartmann

Silvia Hartmann is the author of MindMillion. To take part in the "60 Second Wealth Boosters" programme for free, go to <http://mindmillion.com/60/>

Did You Know Your Mind-Set IS Your Problem?

By Kimberly Gordon

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by: **Kimberly Gordon**

How To Save Yourself From The Pits of Marketing Cyber Hell!

"Your Mind-Set IS Your Problem!"

Did you know that the one major thing that stands between You and Success is Your Mind Set? Yes it is true. Sometimes our "Own Stinkin' Thinkin'" gets in the way of our Success, or our ability to achieve success. Try as we may, we just can't get any further ahead than we were yesterday. Frankly we have been so use to failure in our lives that failure is all we seem to attract. But it doesn't have to be this way!!!

So then WHY was I not able to prosper, why was I living in poverty? Because of my OWN Mind-Set, I was so use to it that I expected it all the time. This cycle can be broken. Now, the first step to accomplish this is the One Step that a lot of people do not pay that much attention to, yet it is one of the most important aspects of true wealth. I am talking about the mental aspect of true wealth. Hang on! I know you are tired of listening to the same psychology song over and over. Do not worry! The mental aspect of true wealth is actually very simple and easy to apply.

It is actually like a list of steps that you have to "get into your mind" before we really get to apply the "Mind Set Change" that I have been talking about so much. Once you know all these steps and are ready to apply them, then you will really be ready to start the journey. Please! Do not dis-regard this section thinking that you do not need any mental preparation. YOU DO!! It is very important!

Here are three "keys" to success:

Timing: Being at the right place at the right time.

Having Vision: Seeing potential in what is being presented. Having the ability to see success.

Taking Action: Going one step further than the rest. Doing instead of saying.

Those three "keys" are essential to recognize success, and to make it a part of your life.

Once you have made the decision to "Take Action," your next task would be to follow what I call "The Ten Steps To Changing your Mind-Set" As I said before, they are very simple, but extremely important if your purpose is to achieve true wealth.

Isn't it time to Save Yourself from the Pits of Marketing Cyber Hell?

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Have you taken the 10 Steps to change Your Mindset?

Do so Now: residualyes-82631@autocontactor.com

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